







EIGHTHOUSE

WEEKLY BULLETIN OF THE ROTARY CLUB OF MADRAS ISSUE 30 | FEBRUARY 06, 2024

BUILDING RESPONSIBLE COMMUNITIES







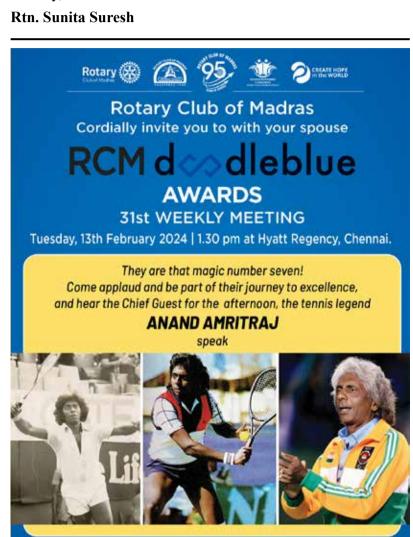


Dear RCMers,

Presenting a very colourful and sporty edition of Lighthouse.

Enjoy!

Warmly,



Rtn. S. Ravi

Rtn. Sandhya Sridhar

Rtn. M. Sesha Sai

Rtn. Vikram Chesetty

Rtn. Chella Krishna

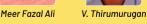


Maaya Rajeshwaran



Lakshmi Prabha









Deepshika

Vaishnavi Girish



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Send in your articles, news and stories for consideration in the Lighthouse bulletin to: rcmlighthouse2023@gmail.com Stay updated with our very own RCM magazine!

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Minutes of the 30th Weekly Meeting of Rotary Club of Madras

held a Hyatt Regency, Teynampet, Chennai, on February 06, 2024

Meeting Proceedings:

The meeting commenced at 01:30 PM, and PP Rtn Gopinath N.K. collared President Rtn. Ravi Sundaresan, who formally called the meeting to order, followed by invocation.

Silent Invocation was observed.

President's Welcome Address:

President Ravi Sundaresan welcomed all attendees.

Guest speaker Dr. Prithvi, Managing Director MIOT International, was warmly welcomed.

Confirmation of Previous Meeting Minutes:

Confirmation of the 29th weekly meeting held on 30th January was requested.

Guest Introductions:

Various guests and Rotarians were welcomed, including Rtn. Mohan from Singapore and others.

Announcements:

Updates on the Rotary Golf Tournament were provided by Rtn. Nikhil.

Details about the upcoming Samarpan program on February 23rd and 24th were shared by Rtn. Sabina.

Recognition and gratitude were expressed towards donors for their generous contributions.

Updates on Club Projects:

Rtn. Ashwath shared details about the completion of the Streetscape project by the youth service committee.

Introduction and Induction of New Members:

Rtn. Abay Mehta introduced Mr. Navneeth Agarwal.

Rtn. Masood GSK introduced Mr. Atheeq Ur Rahman.

New members were formally inducted into the club.



Regular Announcements:

Birthday and anniversary celebrations were announced by Rtn. Sesha Sai.

Introduction of Guest Speaker:

Rtn. Vikram Chesetty introduced Dr. Prithvi Mohandas, highlighting his contributions to MIOT Hospitals and Rotary projects.

Guest Speaker Presentation and Q&A:

Dr. Prithvi Mohandas addressed the audience, followed by a Q&A session.

Important Announcements:

Plans to collaborate with Cancer Institute for setting up a screening centre were discussed.

Financial details and support for the initiative were shared.

Vote of Thanks:

Secretary Sai delivered the vote of thanks.

Adjournment:

The President adjourned the meeting.

From the 30th Meeting of Rotary Club of Madras February 06, 2024







hen all of us gathered at our 30th weekly meeting of RCM at Hyatt Regency, we expected our special guest of the day, Dr. Prithvi Mohandas – MD of MIOT Hospitals, to speak about the process and quality of healthcare in our country.

After all, his chosen topic of discussion was: Indian Healthcare – Government vs. Corporate.

And so, as we readied ourselves to listen to what

actually happens in hospitals across the country, Dr. Prithvi started his first slide with a surprising tangent: Healthcare Insurance.

Intrigued, we wondered how the good doctor, a renowned surgeon and a caregiver known to make regular rounds of his massive hospital every single day despite his workload, is going to delve into this seemingly non-medical topic.

We came away quite enlightened after his succinctly delivered 20 min presentation; and amazed not only at the comprehensive list of healthcare insurance categories in India but also how he seems to have in-depth knowledge of each line-item!

Did you know that although 70% of our population may have some insurance or the other, the other 30% isn't left out because the Govt. has comprehensive schemes to look after them?

Did you know that private hospitals holding under 25 beds don't require stringent checks and the NABH (National Accreditation Board for Hospitals and Healthcare Providers) or the NABL (National Accreditation Board for Testing and Calibration Laboratories) accreditation to run, so essentially one is going to such establishments on their own risk?

Did you know that the Govt. has schemes for the economically challenged, which provides for not only healthcare coverage or medical coverage up to certain amounts; but also pays for follow-up and check-up costs?

Did you know that the Indian Govt. has not just a few, but several healthcare insurance schemes that range from medicare itself, to disability aid, covering costs of medication and various others?

(Nineteen types of schemes, we found out!)



THE MANY ROADS TO MEDICAL INSURANCE

Dr. Prithvi Mohandas helps us navigate the path

Did you know that Tamilnadu Govt. itself has comprehensive and admirable healthcare schemes for people of our state, starting with the Chief Minister's Comprehensive Health Insurance Scheme (CMCHIS)?

Dr. Prithvi Mohandas kept our attention riveted with his signature calm and clear speech with perfect enunciation and diction, as he shed light on how, at least on paper and officially, every single human being in our country can avail of immense healthcare benefits through insurance schemes and various other programmes.

He also pointed out the downside to both corporate and Govt. schemes, be they by virtue of cost of premiums or accessibility to various economic strata of society, or by way of legal recourse for any wrongdoing that may happen.

One of the points that stood out in my mind was Dr. Prithvi Mohandas telling us that despite what the rest of Indian process may be, the NABH and NABL bodies are perhaps the most uncorrupted and incorruptible certification entities who have and adhere to the strictest rules and regulations when it comes to healthcare in India.

I say: WOW.

Perhaps it is not farfetched to think of India as the Medical Mecca of the world and our Tamil Nadu as the Medical Mecca of India!

- Rtn. Shri Shakthi Girish



The Rotary Club of Madras organized a complimentary Medical Camp in association with the Sundaram Medical Foundation









The Rotary Club of Madras, in association with the Sundaram Medical Foundation, organised a Free medical camp on January 24, 2024 from 2.50 PM to 6.00PM at His/Her Place, T.Nagar, Chennai

- Checkup: CBG, BP & General Screening were done
- A total 102 beneficiaries access the service
- We provided medicines valued at Rs.4300/to individuals in need.

President.Rtn.Ravi Sundaresan, PP.Rtn.Dr.Vijaya Bharathi Rangarajan, Rtn.AVM.Balasubramaniam, Rtn.Bharath Pujara, Rtn.K.K.Raman, Rtn Rajesh Vummudi, Rtn.Vipin Sachdev, Rtn Ravi .R , Dr.Rama Narasimhan & Ms.Nidhi, visited the camp.

We extend our heartfelt gratitude to all the Rotarians & others for their visit and support in uplifting the medical camp.

Medical Team:

Dr.Sujatha (General Medicine)
Dr.Jibin (Family Medicine)
Ms.Sridevi & Ms.Shantha kumara (Nurse)
Ms.Deepika (Social Worker)
Ms.Maya (Social Worker)



Rtn Deepak Chander, dropped off 2.5kgs of stuff at Wasted 360 on February 6 th 2024. Together, reduce waste and promote a greener future!

Thank you so much!
Environment Committee



aturday, 27th January. It's 5.20a.m. and you think you've arrived early enough to ensure a parking spot. You are sadly mistaken as there are many eager beaver risers with the same idea! Anyhow, you get a spot, climb out of your car and hear this stentorian voice chivvying up everyone to get them moving.

That is none other than our ever present Organiser extraordinaire, Brandon, who has started the day with a bang [and his megaphone]. The atmosphere is amazing! Well run counters for registration, a bracing cup of coffee and then the briefing by Brandon, good natured backchat from the usual suspects, words of welcome by Chairman Kareem, and then a well worded, and brief, welcome and Good Luck address by our incumbent President Ravi.

Behind all this were a number of the Golf Committee members quietly making sure that all went well. The weather was perfect, and everyone then peeled off for their shotgun starting tee boxes.

As someone who has played this event, since it was first started in 2006, I can only put both hands together and applaud the manner in which this flagship fundraiser was run, the arrangements on

course, and the feeling that the organisers cared for the players.

The course was in terrific shape, considering that large parts had been under water for weeks, and I must pass on my heartfelt congratulations to the TNGF management for doing what they did to undo Nature's devastation.

The game itself was enjoyed by one and all, prizes on course were thoughtfully spaced out and the camaraderie, both at the clubhouse and later that night at the Prize Distribution, were exactly what this tournament was intended to generate and has continued to do.

"Every stroke raises goodwill and money for worthwhile causes".

What was most encouraging to see was the seriousness with which the game was played, and this writer certainly hopes that, in the next few years, we will finally evolve into the Merchants Cup of Calcutta type of tournament, in which Corporates seriously vie, and compete for the title.

Well Done Team Golf **PP Ravi Katari [2006-7]**

































BIRTHDAYS

Feb. 6th Rtn. Jagdish A Bhatia Feb. 6th Rtn. Sriya Chari Feb. 9th Rtn. Sanjay Gulvady

Feb. 11th Rtn. Ranjit Pendurthi

Feb. 5th Ann. Priya Gulvady, Spouse of Rtn. Sanjay Gulvady

Feb. 5th **Ann. Poornima, Spouse of**

Rtn. A.M. Visvanathan

Feb. 7th Ann. Bharti, Spouse of Rtn. Bharat M. Pujara

Feb. 7th Ann. Vivek Chandrasekharan, Spouse of Rtn. Sriya Chari

Feb. 7th Ann. Gautam Venkataramani, Spouse of Rtn. Supriya Dabir Gautam Dr.

Feb. 8th Ann. Anisha, Spouse of

Rtn. Mehul Uday Nanavathi

Feb. 10th Ann. Pratibha, Spouse of Rtn. Vijay Kumar Kadel

WEDDING ANNIVERSARIES

Feb. 5th Rtn. Hemu Ramaiah & Jai Subramaniam

Feb. 6th Rtn. Alok Bhargava & Seema Bhargava

Feb. 7th Rtn. Bharat M. Pujara & Bharti

Feb. 7th Rtn. Harbinder Singh Ratta & Komal Singh

Feb. 7th Rtn. Rtn. Prasad P.B & Saloni Feb. 8th

Rtn. Suresh.P. & Shanthi

Feb. 9th Rtn. Sai Srujan T.V. & Preethi Feb. 9th

Feb. 9th

Rtn. Balaji Chinni & Vijayalakshmi

Feb. 9th Rtn. Arunachalam Palaniappan & Shruthi

Rtn. Govind Parikh & Sandhya

Feb. 10th Rtn. Vikram Jalan & Shailja

Feb. 10th Rtn. Sanjay Gulvady & Priya

Feb. 10th Rtn. Aswath Kumar Reddy & Y.Shahaja

Feb. 11th Rtn. Vivek A Parachur & Sara B Cherian

Feb. 11th Rtn. Sathiaram Ram & Deepa













RCM Premier League

Title Sponsor



Introduction Meeting

Owners, Co-Owners, Marquee Players & Team Captains

Are Invited on

Tuesday | 13th February, 2024 | At 7 pm

Madras Cricket Club

Chepauk, Triplicane, Chennai, Tamil Nadu 600005